




Sunday October 28 th	Monday 29	Tuesday 30	Wednesday 31	Thursday November 1 st	Friday 2	Saturday 3
	BREAKFAST Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea
Lunch						
Baked Ham Mashed Potatoes Brussel Sprouts Pecan Pie	Goulash (ground beef, tomatoes) Corn Bread & Butter Pickles Banana Pudding	Breaded Fish Lemon wedge & Tartar sauce Sweet Potato FF Green beans Mango	Baked Chicken Legs Brown rice Beets Apple Crisp	Swedish Meatball Mashed Potatoes Peas & Carrots Fruit	BC Pizza Cole Slaw Blushing Pears	Creamy Chicken Tortellini Cottage Cheese Turkey Rolls
Dinner						
Grilled Cheese on Wheat Bread Tomato Soup Crackers Flavored Apple Sauce	Tuna Fish in Pita Bread Deviled Eggs Tri Color Pepper Slices Grapes	Potato Soup W/ Ham (or Turkey Ham) Cheddar Biscuit Sweet Pickle	Ground Bologna on Bread Spaghetti Salad Peaches	White Chicken Chili ½ Turkey Sandwich W/ American Cheese on Rye Bread Jell-O w/ Cool Whip	Breakfast Casserole (sausage, potato, egg) Veg Juice Strawberries Toast	Roast Beef on Sub Bun (American Cheese, Lettuce, Tomato, Mayo) Mex Bean Salad Tortilla Chips Cookie
Eve. Snack						
Yogurt Use blue scoop	Popcorn	Cottage cheese Use blue scoop	Grapes	½ Banana w gram cracker	½ apple sprinkled with cinnamon& Splenda	Nutty Bar

Sunday November 4th	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10 Vanilla Cupcake Day
	BREAKFAST Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea
Lunch						
Meatloaf Fried Potatoes w/ Onion Green Beans Cherry Pie	Chicken Thighs Candied Yams Spinach Ice Cream Sundaes	Baked Spaghetti California Blend Garlic Toast No Bake Cookie	Beef Kielbasa w/Sauerkraut Boiled Potatoes Mandarin Oranges	Chicken Bacon Ranch Pasta Bake Three Bean Mix Brownie	Baked Salmon Sweet Potato FF Rainbow Cole Cookie	Chicken Parmesan w/ Noodles & Sauce Vegetable Blend Garlic Toast Vanilla cupcake
Dinner						
Cheesy Cauliflower Soup Ham or Turkey Roll- up on Tortilla Cookie	Beef Hot Dogs Baked Beans Cheese Cubes Pears	Cold Plate Mini stuffed Pita w/ spinach dip Turkey rolls Cottage Cheese Melon Mix	Spinach Quiche Bacon (pork) or Turkey Bacon Tomato Slices Chocolate Pudding	Sloppy Joe on Bun French Fries Sweet Pickle Jell-O w/ fruit	Cold Ham & Swiss Sandwich on Rye Bread Pea Salad Fruit	French Toast Bake Sausage or Turkey Sausage Hash Brown Oranges
Eve. Snack						
Cubed cheese and crackers	½ banana slice of peanut butter toast	Popcorn	Apple slice and peanut butter	Tomatoes slices and a slice of cheese	Ice Cream Sandwich	Boiled egg and crackers

Sunday November 11th	Monday 12	Tuesday 13	Wednesday 14 Pickle Day	Thursday 15	Friday 16 Fast Food Day	Saturday 17
	BREAKFAST Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea
Lunch						
Italian Chicken Breast Mashed Potatoes Green Beans Peach Cobbler	Salisbury Steak Au Gratin Potatoes Beets Cheese Cake	Chicken Cordon Bleu (PORK) Chicken California Blend Peaches	Open Face Hot Beef Sandwich Mashed Potatoes & Gravy Vegetable blend Vanilla Yogurt w/ Sliced Strawberries	Chicken & Cheese Quesadilla Spanish Rice Refried Beans Tortilla Chips Sherbet	Chinese Mc Donald's Burger King National Fast Food Day	Cabbage Rolls Brown Rice Mixed vegetable Jell-O w/ Cool Whip
Dinner						
BBQ Rib Sandwich (pork) on Sub Bun Chips Dill Pickle Fruit cocktail	Bean Soup w/ Ham or Turkey Ham Corn Bread Pineapple	Grilled California Reuben Sandwich (turkey, Cole Slaw, 1000 island) Cheese Cubes Pears	Cheesy Broccoli Soup Turkey & Cheese Roll-Up Assorted Crackers	Ground Bologna Sandwich Baked Beans Cottage Cheese Jell-O w/ Fruit	Pancakes Sausage or Turkey Sausage Hash brown Flavored Applesauce	Pulled BBQ Chicken on Bun Potato Salad Banana
Eve. Snack						
Apple Slices & peanut butter	Pepper sticks with ranch	1 slice cheese cracker	½ Banana ½ peanut butter toast	graham crackers and frosting	Nutty bar	Trail Mix

Sunday November 18th	Monday 19	Tuesday 20	Wednesday 21	Thursday 22 Thanksgiving	Friday 23	Saturday 24
	BREAKFAST Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea
Lunch						
Country Fried Steak Mashed Potatoes Mixed Vegetable Peach Pie	Grilled Chicken Fettuccine 3 Bean Mix Cherry Cobbler	Sweet & Sour Meatballs Spring Rolls White Rice Mandarin Oranges	Chicken Tenders w/ Honey Mustard Macaroni Salad Whole Kernel Corn Peaches	Turkey Stuffing Green Beans Casserole Cranberry Sauce Dinner Rolls	Grilled Cheeseburger on Bun <small>(lettuce, tomato, mayo)</small> French Fries Fruit	Chicken Chop Suey White Rice Chow Mein Noodles Broccoli Cake
Vegetable Beef Barley Soup HM Bread Pears	Sausage Biscuits & Gravy Scrambled Eggs Hash Brown Fruit Cocktail	Fish Sandwich w/ Tartar Sauce on Bun Tator Tots Watermelon	Cold Roast beef <small>(cheese & mayo)</small> on Wheat Bread Cucumber Salad Baked Beans Sherbet	Turkey & Cheese on Crescent Roll Sour Cream & Onion Chips Pears	Chicken Noodle Soup Apple Slices Blueberry Muffin Crackers	Grilled Corned Beef <small>(Swiss Cheese, Rye Bread)</small> Cole Slaw Dill Pickle Tapioca Pudding
Eve. Snack						
Vanilla yogurt	Slice of peanut butter toast	Chocolate Pudding	½ Orange	Cheese cubes & crackers	Trail Mix	Green Pepper Sticks w/ Ranch

Sunday November 25 th	Monday 26 Cake Day	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday December 1 st
	BREAKFAST Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Eggs Sausage Toast Juice of Choice 2% Milk Coffee/Tea
Lunch						
Beef Pot Roast Mashed Potatoes/ Gravy Asparagus Dinner Roll Blueberry Pie	Baked Cod Lemon wedge & Tartar Sauce California Blend Veg Roasted Red Skin Potatoes Cake	Chicken Pot Pie W/ Biscuit Cucumber Salad Fruit Cookie	Tuna Noodle Casserole Pea Salad Slice of Bread & Butter Chocolate Sundae	Philly Steak On Sub Bun (w/ sautéed onion, green pepper, cheese) Parmesan crusted Roasted Sweet Potato Pears	BBQ Pork Ribs or (BBQ Chicken) Onion Rings Green Beans Lemon Dessert	Chicken Lasagna Spinach Apricots Cookie
Ham or Turkey Pinwheels (cream cheese, green onion) on Tortillas Assorted Crackers Sliced Tomatoes Banana	Breakfast Sandwich (English muffin, egg, sausage, cheese) Hash Brown Melon	Wisconsin Cheese Soup (pork) Crackers Roast Beef Roll up Grapes	Chicken Salad Boat Italian Pasta Salad Cheese Cubes Assorted Crackers	Grilled Ham & American Cheese Sandwich Or Grilled Cheese Potato Salad Dill Pickle	Chili (Ground Beef, Beans, Cheese Topping) Corn Bread Butterscotch Pudding	Egg Salad on Croissant Cucumbers Pepper Sticks Fresh Oranges
Eve. Snack						
Ice cream Use blue scoop	Cucumber sticks with ranch	Grapes	Vanilla Pudding	Jello cup	Slice of Banana Bread with butter	Tomato slices & crackers